

# The Peach Press

## School Foodservice Edition

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Spring Edition



SCHOOL  
—FOOD SERVICE—  
FEATURE

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### ***Evanston Township High School District,***

### ***Helping Students Make Healthy Food Choices***

Evanston Township High School (ETHS) District 202 is a four-year, comprehensive high school occupying a 65-acre campus in Evanston, IL, a Chicago suburb along the Lake Michigan shore. ETHS serves the multiracial city of Evanston and a small portion of the neighboring village of Skokie, for a total district population of approximately 78,000. Together, the two communities offer an ethnic, economic, racial, and cultural diversity that is reflected in the student body.

ETHS has a total enrollment of approximately 3,200 students. The ETHS Food Service Dept. operates four student cafeterias and one faculty/staff dining area that together serve approximately 1,500 customers each day. (Juniors and seniors have open lunch.) The Food Service Dept. also prepares 2,100-2,400 meals each day for the neighboring elementary school district, District 65.

Included in this issue of the Peach Press is one of ETHS's favorite peach recipes, which will also be featured in the California Cling Peach Board's Recipe Network. Look in upcoming issues for additional peach recipes from ETHS.

### ***Senator Durbin Holds Press Conference and Highlights "Action for Healthy Kids"***

Along with a representative from the Illinois State Team, Action for Healthy Kids (AFHK) participated in a press conference on February 23rd with Senator Dick Durbin (D-IL) at Evanston Township High School in Evanston, Illinois. Senator Durbin toured the school's cafeteria and spoke to students, staff, and members of the press about the importance of healthy food choices in schools to benefit students' lifelong health. He also highlighted the release of the Action for Healthy Kids' report, "Helping Students Make Healthy Food Choices In School." The report documents strategies that were undertaken to improve student food choices during a pilot project in 12 Illinois schools in the 2004-2005 school year.

"Helping Students Make Healthy Food Choices in School" is available in PDF format on the AFHK website at:

[Action for Healthy Kids: Exclusive Reports](#) .



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